

SEASONAL CHART: SPRING

MARCH

Green Asparagus

Spinach

Salad Greens

Radishes

Leeks

Citrus Fruits

Others:

APRIL

Snap Peas

Green Beans

Carrots

New Potatoes

Fava Beans

Fresh Herbs

Mango

Pineapple

Others:

MAY

Strawberries

Cherries

Apricots

Swiss Chard

Spring Onions

Sweet Corn

Others: