

# SEASONAL CHART: WINTER

## DECEMBER

Citrus Fruits  
Brussels Sprouts  
Sweet Potatoes  
Winter Squash  
Leafy Greens

**Others:**

## JANUARY

Meyer Lemons  
Cabbage  
Cruciferous  
Carrots  
Celery Root  
New Potatoes  
Apples and Pears

**Others:**

## FEBRUARY

Citrus Fruits  
Leeks  
Bok Choy  
Root Vegetables  
Kale  
Chard

**Others:**