FAMILY Safety Equipment Checklist

BEFORE COOKING WITH YOUR FAMILY, ENSURE YOUR KITCHEN IS PREPARED.

This checklist covers essential tools and equipment to keep everyone safe, confident, and ready to cook together.

By Chef Maika - Culinary Instructor & Food Safety Educator

	HEAT AND FIRE SAFETY Fire extinguisher Oven mitts or hot pads Smoke detectors / alarms Stove guards or back shields Splatter screens Silicone trivets	 KNIFE & CUTTING SAFETY Sharp knife set with sheaths Kid-safe knives Non-slip cutting boards Knife sharpener Magnetic knife strip (mounted high) 	APPLIANCE & ELECTRICAL SAFETY Outlet covers Cord organizers Auto shut-off toaster oven or air fryer Microwave with child lock Surge protector
	FLOOR & CLOTHING SAFETY Non-slip mats Short-sleeve aprons or chef coats Non-slip stool with rails Quick-dry dish towels Storage bins for clutter	FOOD SAFETY TOOLS Food thermometer Color-coded cutting boards Salad spinner Food-safe gloves Labeling tape & marker	EMERGENCY & CLEANING SUPPLIES First aid kit Fire blanket Non-toxic cleaner Child-proof cabinet locks Paper towels / microfiber cloths
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